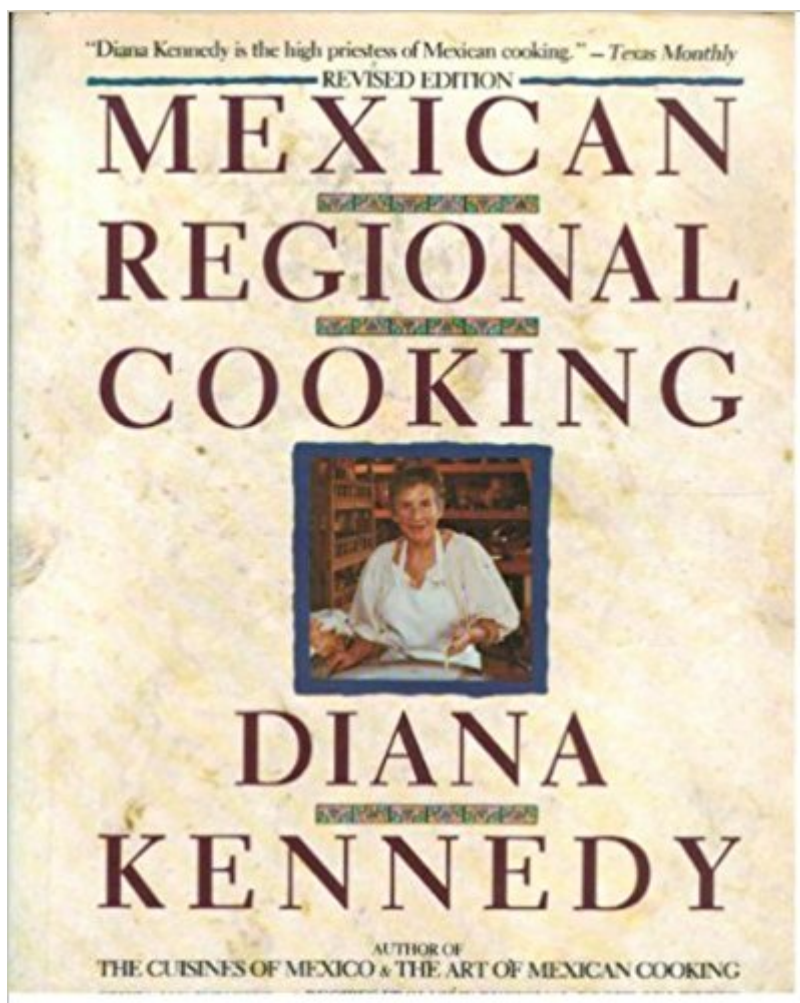


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# Mexican Regional Cooking



## Synopsis

The companion volume to "The Cuisines of Mexico", this book offers hundreds of new ways to enjoy Mexican foods.

## Book Information

Paperback: 289 pages

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## Customer Reviews

The companion volume to the bestselling The Cuisines of Mexico, this book offers hundreds of new ways to enjoy Mexican foods. "Irresistible recipes, interesting background on various dishes, and sources for ingredients."--New York Times Book Review

Must have book for lovers of authentic mexican cuisine.

My husband was a cook/chef in our area for 23+ yrs. He always loved Mexican food, and a few jobs into his career, worked for a Mexican restaurant. What they had on the menu wasn't usually what they had for meals in the kitchen (yes, they fed their staff family style, twice a day). Then he was engaged for 8 yrs. to a Mexican girl from a diff. Mexican state than prev. employer. He REALLY enjoyed going to sit with the grandmas, and they were so flattered a gringo would ask them about their families and recipes, they shared with him things from all over. We've had this book for many yrs., and even I've learned to do absolutely fantastic AUTHENTIC Mexican meals/cooking. This is one of Diana's best books EVER. We turn to it repeatedly. Some of the best recipes: a lentil side-dish, fresh corn soup, pork stew with green pumpkin; and the moles & pipians are outrageously wonderful! We have several of her cookbooks, but THIS is the one we go back to over & over.

I found Diane Kennedy's cookbook on Regional Mexican Cooking right out of Mexico itself. In all my travels into Mexico, there has never been a way to bring the food back home. This book does that. From the obscure to the most common, Regional Mexican Cooking brings the cuisines of Mexico home to your own kitchen and table. Being in the Chile business, and growing up in New Mexico, I've eaten all the New Mexican recipes you can think of using chiles, so it's a great treat to be able to now cook chiles in the many ways the Mexican cooks have done for centuries. Plus, the use of all the Exotic chiles from Mexico is described in detail and used in all the recipes, including the preparation of Mole sauces by Chile Moleros. All in all, I use these recipes regularly and have become quite proficient with a number of them and am now getting a reputation as the guy to see when you want a tasty Mexican recipe for a special occasion, or just to feed the kids in an inexpensive and healthy way. Thomas A. Beck Jr. Author, The Hatch Chile Cookbook, 1999.

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